

# CENTRAL VIRGINIA HEALTH DISTRICT Health Department Contact Numbers

Lynchburg City 434-477-5900

**Amherst County 434-946-9408** 

Appomattox County 434-352-2313

**Bedford County 540-586-7952** 

Campbell County 434-592-9550

Office Hours: 8:15 am-4:45 pm Monday-Friday

**CVHD.org** 



# BabyCare Fact-Sheet

## What is BabyCare?

BabyCare is a visitation program provided by a registered nurse, for pregnant women and infants up to two years of age. The visits can be done in the convenience of the client's home, the local health department, or other convenient location. The Virginia Department of Health contracts with the Medicaid Managed Care Organizations to provide this service.

### What does BabyCare provide?

- Case management by a registered nurse
- Nursing assessment of mother and baby
- Development of a service plan with goals and steps to address medical, psychosocial, educational, and other concerns
- Screening and referrals for substance use, depression, and intimate partner violence
- Screening and referrals for developmental delays for infants
- Monitoring and follow-up for compliance of referrals and medical appointments

### Additional benefits provided by BabyCare:

- Provide car seat to those who qualify and complete required education by a certified car seat educator
- Referral to Freedom From Smoking for cessation services
- Referrals to WIC, which provides supplemental food, special formula, breast pumps, breastfeeding support
- Make sure client gets information submitted for Medicaid renewal
- Can provide birth control and other sexual health services for clients seen in Family Planning Clinic
- Encourage pregnant women to seek dental services if needed
- Weight checks for infants
- Administer Tdap and Influenza immunizations for pregnant women



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## Who can benefit from BabyCare?

#### Women who...

- Are Medicaid eligible and pregnant or have an infant up to 2 years of age
- Have experienced teen pregnancy or unplanned pregnancy
- Are experiencing (or have a history of) abuse in the home
- Lack a support system
- Have Department of Social Services involvement
- Suffer from or have a history of postpartum depression

#### Infants who...

- Have been diagnosed with neonatal abstinence syndrome or fetal alcohol syndrome
- Have experienced substance exposure
- Have been referred to child protective services
- Are considered failure to thrive, premature, or low birthweight
- Are experiencing maternal or paternal absence
- Exhibit poor emotional bonding



# How do I refer a client to BabyCare?

Use the list on the left to contact your local health department office or by calling

434-477-5973